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**RESEARCH ARTICLE** 

# Effect of anionic macromolecules on intestinal permeability of furosemide

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#### Abstract

Context: Furosemide is an anionic molecule and has very low absorption in gastro intestinal tract.

*Objective*: The aim of this study was to investigate the effect of anionic macromolecules on the intestinal permeability of Furosemide.

*Materials and methods*: The intestinal permeability of Furosemide was determined using singlepass intestinal perfusion technique in rats. Briefly a jejunal segment of  $\sim$ 10 cm was isolated and cannulated in both ends for inlet and outlet solution. The perfusate was collected every 10 min and samples were analyzed using the RP-HPLC method. Test samples containing furosemide and two anionic macromolecules, sodium carboxy methyl cellulose and sodium alginate, at different concentrations were used.

*Results*: The obtained data showed that existence of Sodium carboxy methyl cellulose significantly increased the  $P_{\text{eff}}$  values in all three investigated concentrations (p < 0.05) but sodium alginate only in concentrations <0.1% increased drug permeability.

*Discussion*: It is concluded that the anionic macromolecules at specific concentrations could alter the permeability of anionic drugs across the biological membranes.

*Conclusions*: Donnan phenomenon and chelating property of macromolecules could be attributed to the observed effect.

# Keywords

Donnan effect, furosemide, single-pass intestinal perfusion

#### History

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# Introduction

Furosemide (FZM), 5-(aminosulfonyl)-4-chloro-2-[(furanylmethyl) amino] benzoic acid (CAS No: 54-31-9), is a diuretic and antihypertensive drug which is indicated for congestive heart failure, chronic renal failure and hepatic cirrhosis. Following oral administration FZM is rapidly but incompletely absorbed mostly in the stomach and upper small intestine, probably due to its weak acidic properties (pKa = 3.93). FZM also undergoes first pass metabolism which leads to its low bioavailability (43-50%). The biological half-life of FZM is  $1-2h^{1,2}$ . To increase its bioavailability, FZM was formulated in different dosage forms using different excipients<sup>1,3-5</sup>. Excipients are considered ideally nonreactive with the drug and inert in the human body. However some of them may alter the solubility or permeability of drugs. For example in the case of FZM, macromolecules can have different effects on drug absorption through complexation, increasing viscosity, interfacial adsorption and Donnan effect<sup>5-9</sup>. On the other hand FZM could be administered in patients with other drugs

such as P-gp efflux pump inhibitors. P-gp inhibitors have high effect on the permeability and as a result on the bioavailability of FZM<sup>1.8,10–13</sup>.

Several techniques have been reported in the literature to investigate the drug intestinal permeability including in situ intestinal perfusion, the Caco-2 cell model and the everted intestinal sacs model. Apart from clarifying the mechanisms of drug absorption, prediction of oral drug absorption in humans is the ultimate goal of such studies<sup>14</sup>. The influence of P-gp inhibitors on FZM intestinal absorption and the effect of excipients on some other drugs absorption were investigated previously<sup>1,15,16</sup>. The effect of macromolecules on FZM transport from dialysis membrane was also studied in our previous work<sup>17</sup>. The aim of this study was to investigate the effect of anionic macromolecules on intestinal permeability of FZM using SPIP technique in rats.

# Materials and methods

#### Materials

Furosemide was purchased from Shasun Chemicals and Drugs Ltd. (Pondicherry, India). NaCMC was purchased from Fluka Company (Helsinki, Finland) and Phenol red was obtained from Sigma (St. Louis, MO). Na-Alginate was purchased from **RIGHTSLINKO** 

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BOH Chemicals Ltd. (Poole, England). Methanol, Acetonitrile, Na<sub>2</sub>HPO<sub>4</sub>, NaH<sub>2</sub>PO<sub>4</sub> and NaOH were prepared from Merck Company (Darmstadt, Germany).

### Methods

# Stability test for FZM and phenol red

For stability test of FZM, solution containing 20  $\mu$ M FZM and 250 mg/l phenol red was prepared and kept at 37°C for at least 90 min. Then every 10 min 2-ml samples were taken and analyzed by the HPLC method which was developed and validated previously by Zakeri-Milani et al<sup>18–20</sup>. Since furosemide is susceptible to photodegradation, all solutions were protected from light with aluminum foil<sup>21</sup>.

#### Intestinal perfusion technique

Perhaps the most used classic technique; employed in the study of intestinal absorption of compounds has been the Single-pass Intestinal Perfusion (SPIP) model. SPIP studies in rats were performed using established methods adapted from the literature. Briefly, male Wistar rats (200-300 g, 7-10 weeks) were fasted 12-18 h before experiment. However drinking water was readily accessible until 1 h before surgery. It has been reported that barbiturates have the least effect on intestinal permeability in rats. Therefore we have used pentobarbital (50 mg/kg) as an anesthetic agent in all experiments<sup>11,12,22</sup>. The rats were anaesthetized and placed on a heated pad to keep normal body temperature. By making a midline abdominal incision, an  $\sim 10 \,\mathrm{cm}$  section of the proximal rat jejunum was cannulated gently with plastic tubing rinsed with saline (37 °C) and attached to the perfusion set which consisted of a syringe pump (Palmer, England) and a 60-ml syringe connected to it. The entire surgical area was then covered with parafilm to reduce evaporation. The phosphate buffered saline (PBS) (pH 7.2) was used as perfusion medium. About 10 ml of phenol red tock solution (2.5 g/l) was added to the 100 ml of each test solution as a non-absorbable marker in each experiment. In the SPIP experimental procedure modifications can be made to the flow rate, length of perfused intestine, concentration of the drug and composition of formulation. Loss of compound, as determined by the difference between the inlet and outlet concentrations, is attributed to absorption but only after preliminary studies such as stability studies in the buffer<sup>1,6,10,11,23-28</sup>. Because water absorption and secretion during the perfusion may introduce errors in the calculated absorption, various water absorption or secretion (flux) correction methods have been published. In these methods, the drug concentration in outlet tubing is corrected for volume change in the segment using phenol red concentration in inlet and outlet tubing.

The effective permeability coefficients  $(P_{eff})$  were calculated from following equation:

$$P_{\rm eff} = \frac{-Q\left(\ln\left(\frac{C_{Out}}{C_{in}}\right)\right)}{2\pi rL} \tag{1}$$

where  $C_{\rm in}$  and  $C_{\rm out}$  is the concentration of tested drug in the inlet and outlet tubing respectively;  $2\pi rL$  is the area of the mass transfer surface (cm<sup>2</sup>) within the intestinal segment which is assumed to be a cylinder area<sup>10,11,23,27,29</sup>. Injection of blank PBS buffer collected from outlet tubing (before perfusion of the drug solution) onto HPLC column showed that no interfering peak could be observed on chromatogram. Therefore, there was no matrix effect for the measurement of compounds studied.

Furosemide solutions were prepared in concentrations of 10 and 20  $\mu$ M in PBS buffer. NaCMC and Na-Alginate (Na-ALG) solutions were prepared in concentrations of 0.1%, 0.2% and 0.5%

(w/v %) in PBS buffer. Test samples (10 and 20  $\mu$ mol FZM) were infused at a flow rate of 0.2 ml/min by a syringe pump for 90 min without sampling until 20 min. Outlet samples were collected every 10 min in microtubes. The volume of sample for each time interval was 2 ml and samples were stored at -20 °C until analysis. There were two control groups which only received 10 and 20  $\mu$ mol FZM, and 12 test groups which received NaCMC or Na-ALG, at concentrations of 0.1%, 0.2% and 0.5% in addition to FZM. There were four rats in each group. When the experiment was completed the animals were killed with a cardiac injection of air and the intestine was removed and the exact length of intestine was measured. The radius of the intestine was considered to be 0.18 cm<sup>20,30</sup>.

#### Analytical method

Furosemide in samples was measured by a previously validated reverse-phase HPLC method using a C18 column (Shimpack VP-ODS, 250 mm × 4.6 mm, 7  $\mu$ m) at 37 °C. Analysis was carried out at a wavelength of 280 nm. The mobile phase consisted of a mixture of acetonitril and water (41.5:57.4 v/v%) with 0.9 ml acetic acid glacial and 0.1 ml triethylamine (adjusted to pH 5.6). The flow rate was 1 ml/min and injection volume was 30  $\mu$ l. Retention times for FZM and phenol red were 9.8 and 4.5 min respectively. Area under the peak data were used for calculations and  $r^2$  was 0.999 for both calibration curves. The detector response to phenol red did not change with the size of the sample volume. This method was simple, rapid and reliable RP-HPLC method with acceptable precision (<3.9%), accuracy (98.2–103.4%), and linearity and was used for simultaneous determination of phenol red and furosemide.

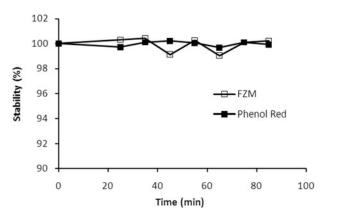
#### Results

#### Stability test

Stability study of FZM and phenol red was performed at 37 °C. The results showed that mean ( $\pm$ SD) remained percent of FZM and phenol red during 90 min was 99.92  $\pm$  0.59 and 99.97  $\pm$  0.20 respectively (Figure 1).

#### Intestinal perfusion technique

In drug permeability studies, in situ methods offer advantages over in vitro models. Although the animal is anaesthetized and surgically manipulated, neural, endocrine, lymphatic and mesenteric blood supplies are intact and therefore all the transport mechanisms present in a live animal are functional<sup>10,11,31,32</sup>. In the present study Single pass intestinal perfusion technique in rat jejunum was used to determine intestinal permeability ( $P_{eff}$ ) of FZM alone and also in the presence of NaCMC or Na-ALG



in the concentrations of 0.1%, 0.2% and 0.5%. As an important aspect, the potential age dependency of rat intestinal permeability should be considered. Although an age-dependent intestinal permeability might be valid for very young and very old rats, no influence of age on the jejunal permeability in the rat within the age interval of 5–30 weeks has been reported<sup>22</sup>.

Mean  $P_{\rm eff}$  values for control groups which received FZM in concentrations of 10 and 20  $\mu$ M were  $2.42 \times 10^{-5}$  and  $2.44 \times 10^{-5}$  cm/s. Calculated  $P_{\rm eff}$  values for FZM in samples containing FZM (10  $\mu$ M) and NaCMC in concentration of 0.1%, 0.2% and 0.5% were  $3.46 \times 10^{-5}$ ,  $4.7 \times 10^{-5}$  and  $6.31 \times 10^{-5}$  cm/s. Corresponding values for samples containing Na-ALG were  $3.01 \times 10^{-5}$ ,  $2.32 \times 10^{-5}$  and  $1.52 \times 10^{-5}$  cm/s. The results for samples containing 20  $\mu$ M FZM are illustrated in Figure 2. Results showed that existence of NaCMC increased the  $P_{\rm eff}$  values in all three investigated concentrations but Na-ALG only in concentrations <0.1% increased FZM permeability (Figure 2).

In our pervious in vitro study it was shown that NaCMC up to 5% and Na-ALG up to 0.5% could increase FZM dialysis rate and in higher concentrations viscosity effect overcomes to electrical repulsion effect of macromolecules<sup>17</sup>.

Figure 3 shows the influence of macromolecules concentration on the ratio of corrected concentration of FZM in the outlet solution to FZM concentration in inlet solution versus time.

#### Discussion

There are different mechanisms to give explanation for interactions between anionic macromolecules and FZM. One of these mechanisms is Donnan phenomenon<sup>17,33</sup>. Higuchi et al, investigated the effect of anionic macromolecules, NaCMC and

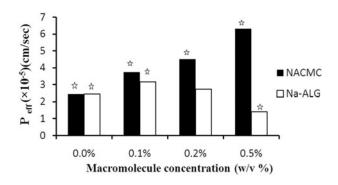


Figure 2. Comparative graph for permeability of FZM (20  $\mu$ M) in the presence of various concentrations of NaCMC and Na-AlG.

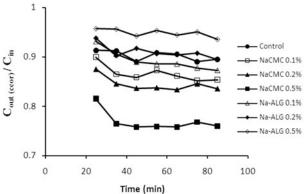


Figure 3. Influences of macromolecules on the outlet/inlet concentration of FZM.

Na-ALG, and poly-acrylic sodium salicylate on penetration of potassium benzyl penicillin through cellophane membrane. They showed that in the presence of anionic macromolecules absorption and permeability of anionic drugs across the membrane were increased. The first mechanism that has a negative effect on the permeability is the viscosity of solution. Solution viscosity is increased with increasing macromolecules concentration and the drug release to the environment is slowed down and thereby the permeability is decreased. The reason behind this is the well-known Stokes-Einstein relation which indicates an inverse dependency between diffusion coefficients of drug and solution viscosity. That means the macromolecules could effectively serve as physical barriers that reduces ionic diffusion rates<sup>34</sup> In our previous study<sup>35</sup> we found that the existence of anionic macromolecules such as NaCMC and Na-ALG could increase dialysis rate of FZM which can be explained with Donnan effect. Moreover the use of Methyl cellulose as nonionic macromolecule with viscosity increasing effect resulted in decreased dialysis rate of FZM. Existence of cationic sodium ion, which can interact with anionic macromolecules and existence of anionic phosphate ion which also can have Donnan effect are other interfering factors. In this study as shown in Figure 2, increasing NaCMC concentration, led to increased drug permeability values, however in the case of Na-ALG, increasing concentration of macromolecule from 0.1% to 0.5%, decreased the drug effective permeability from  $3.16-1.4 \times 10^{-5}$  cm/s. This could be attributed to the dominance of the viscosity to Donnan effect. Another mechanism is the influence of macromolecules on the tight junctions. Tight junctions are connections between the intestinal epithelial cells which in normal condition are closed and do not allow to the substances to pass. There are different mechanisms for the functioning of the tight junctions. One of these mechanisms is related to calcium ions. If calcium ions in the extracellular environment react or make complex with substances like EDTA, calcium ion concentration is decreased and adhesion between cells is reduced and as a result, tight junctions loose and let the polar materials pass. Thus, temporary shortage of calcium induces opening of tight junctions through the breaking of adhesion between cells<sup>36-40</sup>. Considering the negative charge of NaCMC and Na-ALG they can hold calcium ions by negative/positive charge attraction, increasing the absorption of the drug through the opened tight junctions. On the other hand the existence of anionic phosphate ion which can bond to calcium ions or can have Donnan effect is another interfering factor<sup>41-43</sup>.

#### Conclusions

In conclusion the viscosity increasing caused by macromolecules has opposite effect with Donnan phenomenon on permeation of drugs. However at low concentrations of the anionic macromolecules, they can be used to enhance the permeability of FZM. The effect of macromolecules on tight junctions increases the intestinal permeability of FZM. To distinguish the difference between the Donnan effect and the effect of macromolecules on tight junctions it is recommended to use a nonionic chelating molecule which could chelate the calcium ion without having Donnan effect and effect on viscosity. Considering the existence of cationic sodium ion which can interact with anionic macromolecules, and anionic phosphate ion which also has Donnan effect, it is necessary to investigate macromolecules effect in the absence of any ion.

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# **Declaration of interest**

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